DCMI - CACFP - Rev. 3/1/00

All children under 1 year of age must be on an Infant Menu whether they eat table food or not.

Infant's Weekly Menu Form

Child's Name _____ Age _____

Provider's Name _____ Week Beginning _____

Kind of Formula _____ Breast Milk _____

Circle the ounces of Formula served.

MEAL PATTERN REQUIREMENTS	AGE: 0 through 3 months	AGE: 4 through 7 months	AGE: 8 through 11 months		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				DATES:							
BREAKFAST				TIME:							
Iron Fortified Infant Formula or Breast Milk	4-6 fl oz	4-8 fl oz	6-8 fl oz	BREAKFAST	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.
Iron Fortified Infant Cereal		0-3 Tbsp (optional)	2-4 Tbsp								
Fruit or Vegetable			1-4 Tbsp								
LUNCH				TIME:							
Iron Fortified Infant Formula or Breast Milk	4-6 fl oz	4-8 fl oz	6-8 fl oz	LUNCH	4 6 8 oz	4 6 8 oz	4 6 8 oz	4 6 8 oz	4 6 8 oz	4 6 8 oz	4 6 8 oz.
Iron Fortified Infant Cereal		0-3 Tbsp (optional)	2-4 Tbsp and/or								
Meat, Fish Poultry, Egg Yolk OR Cooked Dry Beans or Peas OR Cheese OR Cottage Cheese, Cheese Food			1-4 Tbsp 1/2-2 oz 1-4 oz								
Fruit or Vegetable		0-3 Tbsp (optional)	1-4 Tbsp								
SUPPER				TIME:							
Iron Fortified Infant Formula or Breast Milk	4-6 fl oz	4-8 fl oz	6-8 fl oz	SUPPER	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.
Iron Fortified Infant Cereal		0-3 Tbsp (optional)	2-4 Tbsp and/or								
Meat, Fish Poultry, Egg Yolk OR Cooked Dry Beans or Peas OR Cheese OR Cottage Cheese, Cheese Food			1-4 Tbsp 1/2-2 oz 1-4 oz								
Fruit or Vegetable		0-3 Tbsp (optional)	1-4 Tbsp								
SNACK				TIME:							
Iron Fortified Infant Formula or Breast Milk	4-6 fl oz	4-6 fl oz	2-4 fl oz	AM	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.	4 6 8 oz.
Full Strength Juice			or 2-4 fl oz	PM							
Enriched or Whole Grain bread or Crackers			0-2	EVE							
For a snack, do not serve milk and juice together or 2 foods from the same group. Do not serve combination dinners.					FORMULA PROVIDED BY:						

0-3 and 0-2 means the amount served must be measurable.